



GUVERNUL ROMÂNIEI MINISTERUL FINANTELOR PUBLICE

Dacă nu primiți bonul fiscal, aveți obligația să-l solicitați

În cazul unui refuz, aveți dreptul de a beneficia de bunul achiziționat sau de serviciul prestat fără plata contravalorii acestuia

Solicitați și păstrați bonurile fiscale pentru a putea participa la extragerile lunare și ocazionale ale loteriei bonurilor fiscale

Este interzisă înmânarea către client a altui document, care atestă plata contravalorii bunurilor sau serviciilor prestate, decât bonul fiscal

Pentru a semnala nerespectarea obligațiilor legale ale operatorilor economici, puteți apela gratuit, non-stop, serviciul TelVerde al Ministerului Finanțelor Publice 0800.800.085



Aceste drepturi și obligații sunt stabilite prin prevederile Ordonanței de urgență a Guvernului nr. 28/1999 privind obligația operatorilor economici de a utiliza aparate de marcat electronice fiscale.

MENIUL ZILEI



MENIU 1 - 50 Lei

Ciorba de vacuta - 450 gr
Ficatei de pui cu orez - 450 gr
Salata de varza dulce - 150 gr
2 chifle

-calorii - 289,8/100g
-proteine - 30/100g
-lipide - 13,2/100g
-carbohidrati - 10,9/100g
-fibre - 2,9/100g

-ALERGENI: faina si
derivate cu continut de gluten

MENIU 2 - 50 Lei

Ciorba de fasole - 450 gr
Sarmalute cu mamaliguta -500 gr
Ardei iute - 1 buc.
2 chifle

-calorii - 380,6/100g
-proteine - 17,4/100g
-lipide - 24,6/100g
-carbohidrati - 22,1/100g
-fibre - 1,9/100g

-ALERGENI: faina si
derivate cu continut de gluten

MENIU 3 - 50 Lei

Ciorba cu pui - 450 gr
Snitel de pui cu piure - 450 gr
Salata asortata de vara - 150 gr
2 chifle

-calorii - 323,2/100g
-proteine - 21,1/100g
-lipide - 20,9/100g
-carbohidrati - 38,8/100g
-fibre - 3,4/100g

-ALERGENI: ou, faina si
derivate cu continut de gluten

MENIU 4 - 50 Lei

Ciorba de pui a la grec- 450 gr
Aripi de pui cu cartofi prajiti - 550 gr
Salata de varza dulce - 150 gr
2 chifle

-calorii - 723/100g
-proteine - 40.4/100g
-lipide - 40.2/100g
-carbohidrati - 61.6/100g
-fibre - 6.9/100g

-ALERGENI: ou, lactate, faina
si derivate cu continut de gluten

MENIU 5 - 50 Lei

Ciorba de perisoare - 450 gr
Muschi file la tava cu orez - 400 gr
Salata de varza acra - 150 gr
2 chifle

-calorii - 331,8/100g
-proteine - 41,7/100g
-lipide - 8,1/100g
-carbohidrati - 35,7/100g
-fibre - 1,8/100g

-ALERGENI: ou, faina si
derivate cu continut de gluten

MENIU 6 - 50 Lei

Ciorba de porc - 450 gr
Iahnie de fasole cu carnati - 550gr
Salata asortata de muraturi - 150 gr
2 chifle

-calorii - 205,3/100g
-proteine - 10,6/100g
-lipide - 12,3/100g
-carbohidrati - 63,3/100g
-fibre - 6,4/100g

-ALERGENI: ou, faina si
derivate cu continut de gluten

MENIU 7 - 50 Lei

Supa crema de legume - 450 gr
Pui shanghai cu piure - 400 gr
Salata de varza dulce - 150 gr
2 chifle

-calorii - 427,7/100g
-proteine - 20,5/100g
-lipide - 21,4/100g
-carbohidrati - 34,4/100g
-fibre - 5,8/100g

-ALERGENI: ou, faina si
derivate cu continut de gluten

MENIU 8 - 45 Lei

Ciorba de legume - 450 gr
Sarmalute de post - 350 gr
Ardei iute - 1 buc.
2 chifle

-calorii - 92,5/100g
-proteine - 2/100g
-lipide - 3,9/100g
-carbohidrati - 126/100g
-fibre - 1,5/100g

-ALERGENI: faina si
derivate cu continut de gluten

MIC DEJUN

35,00

CEAI, GEM, UNT, OUA OCHIURI (2 buc), CASCAVAL (50 g), MUSCHI FILE (75 g), CHIFLA PRAJITA (2 buc)
-calorii - 145/100g -lipide - 6,8/100g
-proteine - 7,1/100g -carbohidrati - 0,83/100g
-ALERGENI: oua, lactate, cereale si derivate ale acestora

MINUTURI

BULZ CIOBANESC - 450g

35,00

- mamaliga, telemea oaie, branza burduf, unt, ou, bacon
-calorii - 219/100g -glucide - 35/100g
-ALERGENI: oua, lactate si derivate

CASCAVAL PANE - 150g

24,00

- cascaval, ou, faina, pesmet
-calorii - 364/100g -grasimi - 9,11/100g
-glucide - 23,20/100g
-ALERGENI: faina, ou, lactate si derivate

CROCHETE CASCAVAL - 200g

24,00

- cascaval, ou, faina, pesmet
-calorii - 364/100g -grasimi - 9,11/100g
-glucide - 23,20/100g
-ALERGENI: faina, ou, lactate si derivate

OMLETA TARANEASCA - 350g

24,00

- ou, rosii, ardei gras, ceapa, kaizer, branza
-calorii - 222/100g -grasimi - 23,20/100g
-glucide - 0,30/100g
-ALERGENI: oua, lactate si derivate

SPANAC CU OU - 300g

22,00

- spanac, ou, ceapa, ardei gras, piper, sare
-calorii - 56/100g -grasimi - 2,8/100g
-fibre - 2,65/100g -glucide - 3,5/100g
-ALERGENI: oua si derivate

MAMALIGA CU BRANZA SI SMANTANA - 400g

24,00

- mamaliga, telemea vaca, smantana
-calorii - 32/100g -glucide - 2,13/100g
-ALERGENI: oua, lactate si derivate

SALATA DE VINETE - 250g

22,00

- vinete, rosie, ulei, ceapa, sare, piper
-calorii - 125/100g -glucide - 3/100g
-proteine - 1/100g -carbohidrati - 0/100g
-ALERGENI: -

OMLETA CU BRANZA - 250g

20,00

- ou, telemea vaca
-calorii - 144/100g -glucide - 5,6/100g
-ALERGENI: oua, lactate si derivate

OMLETA CU CASCAVAL - 250g

20,00

- ou, cascaval
-calorii - 192/100g -glucide - 1/100g
-ALERGENI: oua, lactate si derivate

OMLETA CU SUNCA - 250g

20,00

- ou, sunca
-calorii - 226/100g -glucide - 2,4/100g
-ALERGENI: oua si derivate

OMLETA CU CARNATI - 250g

20,00

- ou, carne porc
-calorii - 177/100g -lipide - 14,72/100g
-ALERGENI: oua si derivate

OMLETA CU CIUPERCI - 230g

20,00

- ou, ciuperci
-calorii - 159,74/100g -glucide - 1,30/100g
-ALERGENI: oua si derivate

SPANAC SIMPLU - 250g

18,00

- spanac, ceapa, ardei gras, piper, sare
-calorii - 22,8/100g -glucide - 3,60/100g
-ALERGENI: oua si derivate

FASOLE BATUTA - 250g

18,00

- fasole, usturoi, ulei, sare
-calorii - 159/100g -glucide - 20/100g -fibre - 4/100g
-proteine - 8/100g -grasimi - 4,7/100g -carbohidrati - 20,2/100g
-ALERGENI: -

ZACUSCA - 200g	17,00
- vinete, ardei kapia, ceapa, ulei, piper, sare	
-calorii - 122/100g	-glucide - 8/100g
-proteine - 1,4/100g	-grasimi - 9,4/100g
-ALERGENI: -	
OMLETA SIMPLA - 180g	18,00
- ou	
-calorii - 133,33/100g	
-ALERGENI: oua si derivate	
OUA OCHIURI (1 buc.) - 60g	7,00
- ou	
-calorii - 133,33/100g	
-ALERGENI: oua si derivate	

SALATE APERITIV

SALATA FANTASIA - 600g	32,00
- salata mixta, rosii, castraveti, sunca, ton, formaggio, ardei gras, porumb, ciuperci, morcovi, rucola, piper alb, sare	
-calorii - 433/100g	-lipide - 30/100g
-proteine - 24/100g	-glucide - 17/100g
-ALERGENI: lactate, peste si derivate	
SALATA QUATRO FORMAGGI - 370g	35,00
- salata mixta, parmezan, gorgonzola, camembert, branza brie, rosii cherry, usturoi, piper, sare	
-calorii - 478/100g	-lipide - 35/100g
-proteine - 24/100g	-glucide - 15/100g
-ALERGENI: lactate, peste si derivate	
SALATA CAESAR - 400g	28,00
- salata iceberg, piept pui, cruton paine, sos caesar, rosii cherry, sare, ulei, piper	
-calorii - 210/100g	-lipide - 9/100g
-proteine - 25/100g	-carbohidrati - 6/100g
-ALERGENI: lactate, peste si derivate	
SALATA GRECEASCA - 450g	28,00
- salata verde, rosii, castraveti, masline, branza feta, lamaie, sare, piper	
-calorii - 100/100g	-grasimi - 7,8/100g
-proteine - 4,1/100g	-glucide - 4,2/100g
-ALERGENI: lactate si derivate	
SALATA GUSTOSA - 600g	28,00
- salata mixta, rosii, castraveti, sunca, ton, rucola, anginare, fasole boabe, porumb, ou, feta, masline, piper, sare	
-calorii - 87/100g	-grasimi - 4,6/100g
-proteine - 9,1/100g	-glucide - 3,4/100g
-ALERGENI: lactate, peste si derivate	
SALATA SPECIALA - 570g	28,00
- salata mixta, rosii, castraveti, mozzarella, sunca praga, ton, fasole boabe, porumb, masline, ou, anghinare, sare	
-calorii - 118/100g	-grasimi - 5/100g
-proteine - 10/100g	-glucide - 9/100g
-ALERGENI: lactate, peste si derivate	
SALATA CU TON - 510g	28,00
- salata verde, ton, rosii, ceapa rosie, porumb, masline, lamaie, sare	
-calorii - 135/100g	-lipide - 10/100g
-proteine - 6,08/100g	-glucide - 5,5/100g
-ALERGENI: lactate, peste si derivate	
SALATA BULGAREASCA - 600g	28,00
- salata verde, rosii, castraveti, ardei gras, oua, ceapa verde, telemea, masline, sunca, sare	
-calorii - 91/100g	-lipide - 6/100g
-proteine - 7/100g	-carbohidrati - 2,5/100g
-ALERGENI: lactate, ou si derivate	
SALATA CAPRESE - 560g	27,00
- salata rucola, mozzarella, zotarella, rosii cherry, rosii rotunde, masline, sare, piper	
-calorii - 88/100g	-grasimi - 0,5/100g
-proteine - 5/100g	-glucide - 6/100g
-ALERGENI: lactate si derivate	

PAINÉ

PAINÉ PE VATRA PRAJITA - 250g	10,00
- faina, drojdie, ulei, sare	
-calorii - 22/100g	-lipide - 1/100g
-proteine - 4/100g	-glucide - 23/100g
-ALERGENI: cereale si derivate cu continut de gluten	
CIABATTA - 60g	3,00
- faina, drojdie, ulei, sare	
-calorii - 275/100g	-lipide - 3.6/100g
-proteine - 8.4/100g	-glucide - 51/100g
-ALERGENI: cereale si derivate cu continut de gluten	
CHIFLA - 50g	1,50
- faina, drojdie, ulei, sare	
-calorii - 60/100g	-lipide - 0/100g
-proteine - 3/100g	-glucide - 12/100g
-ALERGENI: cereale si derivate cu continut de gluten	
FOCACCIA CU PARMEZAN - 200g	20,00
- faina, drojdie, ulei, sare	
-calorii - 360/100g	-lipide - 10/100g
-proteine - 17/100g	-glucide - 49/100g
-ALERGENI: lactate, cereale si derivate cu continut de gluten	
FOCACCIA CU CASCAVAL - 200g	18,00
- faina, drojdie, ulei, sare	
-calorii - 263/100g	-grasimi - 8,8/100g
-proteine - 8,8/100g	-carbohidrati - 36,8/100g
-ALERGENI: lactate, cereale si derivate cu continut de gluten	
FOCACCIA CU SUSAN - 200g	16,00
- faina, drojdie, seminte susan, ulei, sare	
-calorii - 281/100g	-lipide - 5/100g
-proteine - 8/100g	-glucide - 50/100g
-ALERGENI: susan, cereale si derivate cu continut de gluten	
FOCACCIA CU USTUROI - 200g	16,00
- faina, drojdie, ulei, sare	
-calorii - 266/100g	-lipide - 3/100g
-proteine - 8/100g	-glucide - 51/100g
-ALERGENI: cereale si derivate cu continut de gluten	
FOCACCIA - 200g	14,00
- faina, drojdie, ulei, sare	
-calorii - 252/100g	-lipide - 3/100g
-proteine - 7/100g	-glucide - 48/100g
-ALERGENI: cereale si derivate cu continut de gluten	
MAMALIGUTA - 200g	7,00
- malai de porumb, sare	
-calorii - 70/100g	-carbohidrati - 15/100g
-proteine - 2/100g	-fibre - 1/100g
-ALERGENI: -	
ARDEI IUTE - 1 buc	2,00

BUFET RECE

SORICI - 200g	30,00
- sorici de porc, sare	
-calorii - 563/100g	-carbohidrati - 0/100g
-proteine - 63,4/100g	-lipide - 35,2/100g
-ALERGENI: -	
JUMARI - 200g	25,00
- carne porc, sare	
-calorii - 638/100g	-carbohidrati - 0/100g
-proteine - 6,3/100g	-lipide - 67,7/100g
-ALERGENI: -	
TELEMEA OAIE - 200g	25,00
- branza oaie, sare	
-calorii - 270/100g	-glucide - 1/100g
-proteine - 17/100g	-grasimi - 20/100g
-ALERGENI: lactate si derivate	

PLATOU RECE POST

Pentru - 4 pers - 2000g

200,00

FASOLE BATUTA (300g), SALATA VINETE (200g), ZACUSCA (200g),
PATEU VEGETAL (200g), TOFU (200g), CIUPERCI NATUR (200g), MASLINE (200g),
ROSII, CASTRAVETI, ARDEI GRAS (500g)

Pentru - 2 pers - 1000g

120,00

FASOLE BATUTA (150g), SALATA VINETE (100g), ZACUSCA (100g),
PATEU VEGETAL (100g), TOFU (100g), CIUPERCI NATUR (100g), MASLINE (100g),
ROSII, CASTRAVETI, ARDEI GRAS (250g)

-calorii - 36,41/100g
-proteine - 1,13/100g

-grasimi - 3,63/100g
-glucide - 15,18/100g

-carbohidrati - 20,2/100g

-ALERGENI: soia si produse din soia

PLATOURI CALDE

PLATOU CALD - Varianta I

Pentru - 4 pers - 2480g

250,00

CEAFA PORC (400g), PULPA DE PUI DEZOSATA (400g), PASTRAMA DE OAIE (400g),
MICI (4 buc), GARNITURA CARTOFI PRAJITI (3 portii), SALATA MURATURI ASORTATE (2 portii).

Pentru - 2 pers - 1240g

140,00

CEAFA PORC (200g), PULPA DE PUI DEZOSATA (200g), PASTRAMA DE OAIE (200g),
MICI (2 buc), GARNITURA CARTOFI PRAJITI (1,5 portii), SALATA MURATURI ASORTATE (1 portii).

-calorii - 47,07/100g
-proteine - 2,47/100g

-grasimi - 5,31/100g
-glucide - 0,38/100g

-ALERGENI: -

PLATOU CALD - Varianta II

Pentru - 4 pers - 2400g

250,00

MUSCHIULET DE PORC (400g), PIEPT DE PUI (400g), COTLETE DE BERBECUT (400g),
CARNACIORI OLTENESTI (200g), GARNITURA CARTOFI PRAJITI (3 portii),
SALATA DE MURATURI ASORTATE (2 portii).

Pentru - 2 pers - 1200g

140,00

MUSCHIULET DE PORC (200g), PIEPT DE PUI (200g), COTLETE DE BERBECUT (200g),
CARNACIORI OLTENESTI (100g), GARNITURA CARTOFI PRAJITI (1,5 portii),
SALATA DE MURATURI ASORTATE (1 portii).

-calorii - 35,91/100g
-proteine - 2,91/100g

-grasimi - 2,11/100g
-glucide - 1,45/100g

-fibre - 0,1/100g

-ALERGENI: -

PLATOU CALD - Varianta III

Pentru - 4 pers - 2800g

260,00

COASTE DE PORC (2p 600g), CORDON BLEU PUI (1p 250g), CROCHETE CASCAVAL (400g),
ARIPIOARE PUI (1p 350g), CARNATI (1,5p 300g), CARTOFI WEDGES (3p, 500g), MURATURI (2p).

Pentru - 2 pers - 1400g

140,00

COASTE DE PORC (1p 300g), CORDON BLEU PUI (0,5p 125g), CROCHETE CASCAVAL (200g), ARIPIOARE PUI (0,5p 175g), CARNATI (0,75p 150g), CARTOFI WEDGES (1,5p, 250g), MURATURI (1p).

-calorii - 58,07/100g -grasimi - 3,79/100g -fibre - 0,34/100g
-proteine - 3,53/100g -glucide - 2,26/100g

-ALERGENI: lactate, cereale si derivate cu continut de gluten

PLATOU OIERULUI

Pentru - 4 pers - 2250g

260,00

PASTRAMA OAIE - la tigaie (250g), PASTRAMA OAIE AFUMATA - gratar (250g), CARNATI PLESCOI (250g), COTLET BERBECUT (250g), FRIGARUI PIEPT BERBECUT (250g), CARTOFI CIOBANESTI - branza burduf, telemea oaie (600g), MURATURI ASORTATE - gogosar, conopida, sfecla rosie (400g)

Pentru - 2 pers - 1125g

150,00

PASTRAMA OAIE - la tigaie (125g), PASTRAMA OAIE AFUMATA - gratar (125g), CARNATI PLESCOI (125g), COTLET BERBECUT (125g), FRIGARUI PIEPT BERBECUT (125g), CARTOFI CIOBANESTI - branza burduf, telemea oaie (300g), MURATURI ASORTATE - gogosar, conopida, sfecla rosie (200g)

-calorii - 58,58/100g -grasimi - 3,93/100g -fibre - 0,1/100g
-proteine - 4,53/100g -glucide - 1,22/100g

-ALERGENI: lactate si derivate

PLATOU PESTE

Pentru - 4 pers - 1850g

270,00

GUJOANE FILE CRAP (300g), FILE DORADA - gratar (300g), FILE PASTRAV - gratar (250g), CARNE SCOICI PE PLITA (300g), CREVETI CU RISOTTO (400g), LEGUME LA GRATAR (300g)

-calorii - 545/100g -grasimi - 3,93/100g -fibre - 0,1/100g
-proteine - 79.2/100g -glucide - 42.8/100g -carbohidrati - 8.7/100g

-ALERGENI: lactate si derivate

CIORBE

CIORBA DE FASOLE IN PAINE - 600g

28,00

- paine coapta, fasole boabe, costita afumata, ceapa, morcov, telina, cimbru, sare

-calorii - 83,70/100g -grasimi - 3/100g
-glucide - 7,80/100g -carbohidrati - 29,6/100g

-ALERGENI: faina, telina si derivate

BORS DE PESTE - 450g

26,00

- carne de peste, zarzavat, bors, sare

-calorii - 46/100g -lipide - 1/100g
-glucide - 2,7/100g -grasimi - 1/100g

-ALERGENI: peste si derivate

CIORBA DE BURTA - 450g

25,00

- burta de vita, smantana, ou, usturoi, otet, sare

-calorii - 105/100g -lipide - 30/100g
-glucide - 3,18/100g

-ALERGENI: ou, lactate si derivate

CIORBA DE VACUTA - 450g

25,00

- carne de vita, zarzavat, mazare, fasole verde, sare, bors

-calorii - 53,81/100g -carbohidrati - 3,31/100g
-lipide - 3,31/100g

-ALERGENI: -

CIORBA A LA GREC - 450g

23,00

- carne de pui, zarzavat, smantana, ou, sare, lamaie

-calorii - 126/100g -proteine - 16,90/100g
-lipide - 6,69/100g

-ALERGENI: ou, lactate si derivate	
SUPA CREMA DE LEGUME - 450g	23,00
- telina, morcov, cartofi, ceapa, ulei de masline, sare, crutoane	
-calorii - 32,05/100g	-proteine - 0,87/100g
-lipide - 0,62/100g	
-ALERGENI: -	
CIORBA DE PORC - 450g	23,00
- carne de porc, morcov, ceapa, telina, cartofi, leustean, patrunjel, sare	
-calorii - 55,96/100g	-lipide - 2,88/100g
-proteine - 4,04/100g	
-ALERGENI: ou, telina si derivate	
CIORBA DE PUI - 450g	23,00
- carne de pasare, morcov, ceapa, telina, taietei cu ou, sare, bors	
-calorii - 28/100g	-lipide - 1,81/100g
-proteine - 2,40/100g	
-ALERGENI: ou, faina, telina si derivate	
CIORBA DE PERISOARE - 450g	23,00
- carne de porc, orez, morcov, ceapa, telina, leustean, patrunjel, sare, bors	
-calorii - 36,80/100g	-lipide - 2,10/100g
-proteine - 1,71/100g	
-ALERGENI: telina si derivate	
CIORBA DE FASOLE CU AFUMATURA - 450g	23,00
- fasole boabe, costita afumata, ceapa, morcov, telina, cimbru, sare	
-calorii - 83,70/100g	-grasimi - 3,00/100g
-glucide - 7,80/100g	-carbohidrati - 29,6/100g
-ALERGENI: -	
CIORBA DE LEGUME - 450g	20,00
- morcov, ceapa, telina, cartofi, mazare, fasole verde, varza, sare	
-calorii - 20,41/100g	-lipide - 0,20/100g
-proteine - 0,30/100g	-carbohidrati - 3,7/100g
-ALERGENI: -	

MANCARURI GATITE

FASOLE CU CIOLAN - 1350g	85,00
- fasole, ciolan porc afumat, zarzavat, ulei, sare	
-calorii - 582,50/100g	-lipide - 4,70/100g
-proteine - 6/100g	-grasimi - 29/100g
-ALERGENI: telina si derivate	-carbohidrati - 63,3/100g
VARZA CU CIOLAN - 1350g	85,00
- varza, ciolan porc afumat, zarzavat, ulei, sare	
-calorii - 515/100g	-lipide - 6/100g
-proteine - 5,1/100g	-grasimi - 29/100g
-ALERGENI: -	
CIOLAN SIMPLU - 1000g-1300g	65,00
- ciolan porc afumat, sare	
-calorii - 337/100g	-glucide - 0,3/100g
-proteine - 16/100g	-grasimi - 29/100g
-ALERGENI: -	
FASOLE CU CARNATI - 550g	38,00
- fasole, carne porc afumata, zarzavat, ulei, sare	
-calorii - 116/100g	-lipide - 5,1/100g
-proteine - 5,9/100g	-carbohidrati - 63,3/100g
-ALERGENI: telina si derivate	
VARZA CU CARNATI - 550g	38,00
- varza, carne porc afumata, zarzavat, ulei, sare	
-calorii - 241,45/100g	-lipide - 20,8/100g
-proteine - 8/100g	-carbohidrati - 0/100g
-ALERGENI: -	
TOCANITA PIPOTE CU MAMALIGUTA - 400g	38,00
- pipote curcan, ceapa, ardei gras, bulion, malai de porumb, ulei, sare, piper	
-calorii - 105/100g	-glucide - 6/100g
-proteine - 10/100g	-fibre - 4/100g
-ALERGENI: -	
TOCHITURA CU MAMALIGUTA - 650g	38,00
- carne porc, ficat pui, carnati porc, bulion, usturoi, vin alb, cimbru, ulei, mamaliguta, ou, branza, sare, piper	
-calorii - 388,7/100g	-lipide - 31,1/100g
-proteine - 25/100g	-carbohidrati - 1,4/100g
-ALERGENI: lactate, oua si derivate	
TUSLAMA - 390g	35,00
- burta de vita, smantana, ou, usturoi, hrean, sare	

-calorii - 157,7/100g	-lipide - 7,95/100g	
-proteine - 6,67/100g	-carbohidrati - 0/100g	
-ALERGENI: lactate, ou si derivate		
SARMALE CU MAMALIGUTA - 680g		30,00
- varza, carne porc, orez, slanina porc, condimente, sare		
-calorii - 120/100g	-grasimi - 11,76/100g	
-proteine - 3,82/100g	-carbohidrati - 0/100g	
-ALERGENI: -		

MANCARURI GATITE - (CU GARNITURA INCLUSA LA ALEGERE)

MUSCHI DE PORC LA TAVA - 200g		30,00
- muschi porc, sos rosii, legume, ulei, sare		
-calorii - 167,7/100g	-lipide - 6,8/100g	
-proteine - 20,8/100g	-carbohidrati - 3,2/100g	
-ALERGENI: -		
CHIFTELE MARINATE - 250g		30,00
- carne porc, sos rosii, faina, usturoi, verdeata, ceapa, ulei, sare		
-calorii - 12/100g	-lipide - 0/100g	
-proteine - 6/100g	-carbohidrati - 8/100g	
-ALERGENI: cereale si derivate cu continut de gluten		

**GARNITURI - 300g INCLUDE:
PILAF CU CIUPERCI / PIURE / CARTOFI PRAJITI**

PREPARATE VITA

SPECIALITATI

MUSCHI DE VITA PARADIS - 420g		130,00
- muschi vita, creveti decorticati, smantana, lamaie, salata verde, otet balsamic, miere		
-calorii - 142,86/100g	-grasimi - 10,19/100g	
-proteine - 11,5/100g	-glucide - 0,64/100g	
-ALERGENI: lactate si derivate, crustacee		
MUSCHI DE VITA TERIYAKI - 400g		80,00
- muschi vita, bacon, sos teriyaki, sos carbonara, tagliatelle, sare, ulei masline		
-calorii - 395,3/100g	-grasimi - 17,9/100g	
-proteine - 35,2/100g	-glucide - 22/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		
PFEFFERSTEAK - 300g		80,00
- muschi vita, sos brun, verdeata, piper verde, cognac, vin, sare, piper		
-calorii - 490/100g	-lipide - 48/100g	
-proteine - 15/100g	-glucide - 1/100g	
-ALERGENI: sulfiti		
MUSCHI DE VITA IN SOS GORGONZOLA - 300g		80,00
- muschi vita, smantana, branza gorgonzola, piper, sare		
-calorii - 484/100g	-lipide - 48/100g	
-proteine - 22/100g	-glucide - 2/100g	
-ALERGENI: lactate si derivate		
MUSCHI DE VITA CHINEZESC - 350g		70,00
- muschi vita, ardei gras, ceapa, ciuperci, susan, sos soia, usturoi, ghimbir, sare		
-calorii - 623,7/100g	-proteine - 12,25/100g	
-proteine - 78/100g	-carbohidrati - 0/100g	
-ALERGENI: soia, susan si derivate		
BURGER DE VITA CU CARTOFI AURII - 500g		50,00
- ceafa vita, ceapa rosie, rosii, castraveti, mustar, unt, chifla, miere, dafin, cognac		
-calorii - 732/100g	-lipide - 42/100g	
-proteine - 42/100g	-glucide - 40/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		
SCHNITEL VIENEZ - 200g		47,00
- pulpa vitel, faina, ou, sare		
-calorii - 462/100g	-proteine - 52,2/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		

GRATAR

TOMAHAWK VITA CU LEGUME LA GRATAR -1200g	280,00
- antricot de vita cu os, unt, legume, sare	
-calorii - 236/100g	-lipide - 18,5/100g
-proteine - 17,4/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
CHATEAUBRIAND - 300g	110,00
- muschi vita, unt, ulei, vin, usturoi, oregano, piper, sare	
-calorii - 372/100g	-lipide - 9/100g
-proteine - 69/100g	-carbohidrati - 0/100g
-ALERGENI: sulfiti, lactate si derivate	
T-BONE - 700g	130,00
- t-bone steak, unt, usturoi, cimbru, piper, sare	
-calorii - 720/100g	-glucide - 20/100g
-proteine - 84/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
MUSCHI DE VITA - 200g	90,00
- muschi vita, unt, sare	
-calorii - 248/100g	-lipide - 6/100g
-proteine - 48/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
COASTA VITA CU CARTOFI AURII - 550g	65,00
- antricot de vita cu os, unt, legume, sare	
-calorii - 410/100g	-lipide - 26/100g
-proteine - 18.5/100g	-carbohidrati - 22.5/100g
-ALERGENI: lactate si derivate	

PREPARATE PUI

SPECIALITATI

PUI GORGONZOLA - 250g	45,00
- piept pui, branza gorgonzola, unt, smantana dulce, sare, piper	
-calorii - 270/100g	-lipide - 15,4/100g
-proteine - 30/100g	-carbohidrati - 1,7/100g
-ALERGENI: lactate si derivate	
RULOU PIEPT CURCAN CU ROSII, MOZZARELLA SI MASLINE - 350g	45,00
- piept curcan, mozzarella, masline, rosii cherry, ulei masline, busuioc, rozmarin	
-calorii - 127/100g	-lipide - 1/100g
-proteine - 26,9/100g	-carbohidrati - 1,8/100g
-ALERGENI: lactate si derivate	
PUI SURPRIZA - 350g	40,00
- piept pui, sos alb, cascaval, kaizer, cartofi chips, sare, piper	
-calorii - 224/100g	-glucide - 0,5/100g
-proteine - 29/100g	-grasimi - 10,7/100g
-ALERGENI: lactate si derivate	
PUI LA CEAUN CU MAMALIGA SI USTUROI - 800 -1200g	47,00
-carne pui 450 g, mamaliga 250g, usturoi 100g ,sare, piper	
-calorii - 248/100g	-glucide - 35/100g
-proteine - 39.4/100g	-grasimi - 19.5/100g
-ALERGENI: lactate si derivate	
ENCHILADA DE PUI - 450g	37,00
- piept pui, rosii, ceapa, usturoi, ardei iute, mozzarella, tortilla, branza cedar	
-calorii - 157/100g	-lipide - 6,8/100g
-proteine - 9,7/100g	-carbohidrati - 14,2/100g
-ALERGENI: lactate si derivate	

TIGAIIE PICANTA PUI - 350g	40,00
- carne pui, ardei gras, ciuperci, ardei iute, usturoi, sos rosii, vin, sare, piper	
-calorii - 136/100g	-fibre - 1,3/100g
-proteine - 21/100g	-carbohidrati - 0/100g
-ALERGENI: -	
QUESADILLA CU PUI - 350g	36,00
- piept pui, tortillia, sos rosii, emmentaler, rosii uscate, smantana, sumac, carciofini	
-calorii - 156/100g	-lipide - 5,3/100g
-proteine - 15,2/100g	-carbohidrati - 11,3/100g
-ALERGENI: lactate si derivate	
PUI PAD THAI - 350g	35,00
- piept pui, taietei orez, ceapa verde, muguri fasole, suc rosii, unt arahide, patrunjel verde, lamaie, ou	
-calorii - 155/100g	-lipide - 7/100g
-proteine - 15,6/100g	-carbohidrati - 5/100g
-ALERGENI: oua si derivate	
PIEPT PUI CU SOS SI SMANTANA - 300g	35,00
- piept pui, sos alb, smantana, usturoi, marar, sare, piper	
-calorii - 175/100g	-lipide - 21/100g
-proteine - 18/100g	-glucide - 3,5/100g
-ALERGENI: -	

GRATAR

PIEPT CURCAN - 200g	38,00
- piept curcan, ulei, sare	
-calorii - 135/100g	-lipide - 0,7/100g
-proteine - 30/100g	-carbohidrati - 0/100g
-ALERGENI: -	
PIEPT PUI - 200g	26,00
- piept pui, , ulei, sare	
-calorii - 131/100g	-glucide - 2,4/100g
-proteine - 22/100g	-grasimi - 3,6/100g
-ALERGENI: -	
PULPA PUI DEZOSATA - 200g	26,00
- pulpa pui, ulei, sare	
-calorii - 193/100g	-lipide - 10,7/100g
-proteine - 24,2/100g	-carbohidrati - 0/100g
-ALERGENI: -	

PANE

CORDON BLEU PUI - 250g	45,00
- piept pui, cascaval, sunca, ou, pesmet, sare	
-calorii - 200/100g	-grasimi - 8,7/100g
-proteine - 18,3/100g	-carbohidrati - 12/100g
-ALERGENI: lactate si derivate	
SCHNITEL PUI PANE / PARIZIAN - 200g	27,00
- piept pui, ou, pesmet, faina, piper, sare	
-calorii - 226/100g	-lipide - 12/100g
-proteine - 14/100g	-carbohidrati - 16/100g
-ALERGENI: lactate, ou, cereale si derivate	
CROCHETE DE PUI - 200g	27,00
- piept pui, ou, pesmet, faina, piper, sare	
-calorii - 226/100g	-lipide - 12/100g
-proteine - 14/100g	-carbohidrati - 16/100g
-ALERGENI: lactate, ou, cereale si derivate	
PUI SHANGHAI - 200g	27,00
- piept pui, sos soia, ou, usturoi, mustar, marar, piper, sare	
-calorii - 151/100g	-grasimi - 1/100g
-proteine - 16/100g	-fibre - 1/100g
-ALERGENI: lactate, ou, soia si derivate	

ORGANE

FICATEI PUI LA TIGAIE - 200g	24,00
- ficatei pui, usturoi, ulei, piper, sare	
-calorii - 172/100g	-lipide - 6,4/100g
-proteine - 26/100g	-carbohidrati - 1,1/100g
-ALERGENI: -	

PREPARATE RATA

SPECIALITATI

PIEPT DE RATA TANARA IN SOS PORTUGHEZ CU SPARANGHEL - 400g	70,00
- piept rata, piure telina, sare, piper, portocala, sos rosu	
-calorii - 315/100g	-grasimi - 6.4/100g
-proteine - 72/100g	-carbohidrati - 6.2/100g
-ALERGENI: telina si derivate	
PULPA DE RATA TANARA - 450g	60,00
- pulpa rata, varza, sare, piper, ulei	
-calorii - 116/100g	-fibre - 0,05/100g
-proteine - 11,4/100g	-carbohidrati - 6,3/100g
-ALERGENI:	

PREPARATE PORC

SPECIALITATI

COASTE DE PORC CU CARTOFI AURII SI SALATA COLESLAW- 750g	65,00
- coasta de porc, morcov, telina, mar, ghimbir, sare, piper	
-calorii - 230/100g	-fibre - 0,5/100g
-proteine - 18/100g	-carbohidrati - 1,32/100g
-ALERGENI: telina si derivate	
TIGAIE PICANTA PORC - 350g	40,00
- carne porc, ardei gras, ciuperci, ardei iute, usturoi, sos rosii, vin, sare, piper	
-calorii - 156/100g	-fibre - 1,2/100g
-proteine - 15,4/100g	-carbohidrati - 6,1/100g
-ALERGENI: -	

GRATAR

COTLET PORC CU OS - 300g	35,00
- cotlet porc, sare, piper	
-calorii - 155/100g	-lipide - 7/100g
-proteine - 21,6/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
MUSCHIULET DE PORC - 200g	32,00
- muschiulet de porc, sare, piper	
-calorii - 11/100g	-lipide - 0/100g
-proteine - 21/100g	-carbohidrati - 2/100g
-ALERGENI: -	
CEAFA PORC - 200g	28,00
- ceafa de porc, sare, piper	
-calorii - 231/100g	-lipide - 14,3/100g
-proteine - 23,7/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	

CARNATI OLTENESTI - 200g	26,00
- carne porc, condimente, sare, piper	
-calorii - 322/100g	-lipide - 27/100g
-proteine - 18,5/100g	-glucide - 1,2/100g
-ALERGENI: -	
MICI (1 buc.) - 90g	9,00
- carne porc, condimente, usturoi, sare, piper	
-calorii - 221/100g	-lipide - 17,5/100g
-proteine - 12,5/100g	-glucide - 3,3/100g
-ALERGENI: -	

PANE

CORDON BLEU PORC - 250g	45,00
- muschi porc, cascaval, sunca, ou, pesmet	
-calorii - 212/100g	-glucide - 13,2/100g
-proteine - 15,7/100g	-fibre - 1,6/100g
-ALERGENI: oua, lactate si derivate	
SCHNITEL PORC PANE / PARIZIAN - 200g	27,00
- muschi file porc, ou, faina, pesmet, sare, piper	
-calorii - 278/100g	-glucide - 5,2/100g
-proteine - 17/100g	-grasimi - 19,79/100g
-ALERGENI: ou si derivate	

PREPARATE CARNE OAI

GRATAR

RASOL BERBECUT CU CARTOFI AURII - 600g	70,00
- cotlet berbecut, ulei, sare	
-calorii - 598/100g	-lipide - 6/100g
-proteine - 27/100g	-carbohidrati - 0/100g
-ALERGENI: -	
PASTRAMA LA TIGAIIE CU BURDUF, MAMALIGA SI CASTRAVETI MURATI - 650g	65,00
- pipet oaie, ulei, sare	
-calorii - 372/100g	-lipide - 0.6/100g
-proteine - 23/100g	-carbohidrati - 15/100g
-ALERGENI: -	
COTLET BERBECUT - 200g	65,00
- cotlet berbecut, ulei, sare	
-calorii - 227/100g	-lipide - 0/100g
-proteine - 25,7/100g	-carbohidrati - 0/100g
-ALERGENI: -	
PASTRAMA OAI - 250g	45,00
- piept oaie, sare	
-calorii - 148/100g	-fibre - 0,1/100g
-proteine - 18/100g	-carbohidrati - 0/100g
-ALERGENI: -	
FRIGARUI BERBECUT - 250g	40,00
- piept berbecut, ardei gras, ceapa, rosii, sare, piper	
-calorii - 203/100g	-grasimi - 14/100g
-proteine - 15/100g	-carbohidrati - 0/100g
-ALERGENI: -	
CARNATI PLESCOI - 200g	30,00
- carne oaie, condimente, sare	
-calorii - 203/100g	-lipide - 14/100g
-proteine - 18/100g	-carbohidrati - 1/100g
-ALERGENI: -	

PREPARATE MIXTE

MIX PICANT MARGINENI - 500g	50,00
- muschi de vita, piept de pui, muschi de porc, ciuperci, ardei iute, sos picant, cartofi Boulanger, cascaval, ceapa verde, usturoi, sare, piper	
-calorii - 426/100g	-lipide - 28/100g
-proteine - 13/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
TIGAIIE PICANTA PUI / PORC / MIXTA - 350g	40,00
- piept pui/file porc/ceafa porc, ardei gras, ciuperci, ardei iute, usturoi, vin, piper, sare	
-calorii - 99,1/100g	-glucide - 3,9/100g
-proteine - 101/100g	-grasimi - 0,8/100g
-ALERGENI: -	

PESTE si FRUCTE DE MARE

CREVETI AMOUREUX CU RISOTTO - 400g	70,00
- creveti Jumbo, ceapa Esalote, orez (risotto), vin, unt, ou, sare	
-calorii - 142/100g	-glucide - 24/100g
-proteine - 4,2/100g	-fibre - 1/100g
-ALERGENI: crustacee si derivate	
FILE SOMON LA CUPTOR - 300g	70,00
- somon	
-calorii - 120/100g	-lipide - 5/100g
-proteine - 17/100g	-carbohidrati - 0/100g
-ALERGENI: peste	
FILE BIBAN DE MARE CU PIURE DE MAZARE - 350g	60,00
- biban de mare, mazare, ierburi aromate, unt, sare, piper	
-calorii - 231/100g	-glucide - 1/100g
-proteine - 25/100g	-carbohidrati - 0/100g
-ALERGENI: peste	
SARAMURA FILE CRAP - 700g	60,00
- file crap, ceapa, ardei gras, rosii, boia dulce, usturoi, ardei iute	
-calorii - 147/100g	-glucide - 0,5/100g
-proteine - 21/100g	-grasimi - 6,5/100g
-ALERGENI: peste	
BIBAN DE MARE LA GRATAR - 300g	50,00
- biban de mare	
-calorii - 171/100g	-glucide - 0,5/100g
-proteine - 24/100g	-grasimi - 7,7/100g
-ALERGENI: peste	
TENTACULE CALAMAR - 300g	55,00
- tentacule calamar, ou, pesmet panco, faina, lamaie, sare, piper	
-calorii - 215/100g	-grasimi - 26/100g
-proteine - 22.6/100g	-carbohidrati - 4.6/100g
-ALERGENI: crustacee, ou, cereale si derivate	
FILE PASTRAV MARGINENI - 400g	50,00
- pastrav, orez negru, rosii, usturoi, branza cedar, unt, sare	
-calorii - 534/100g	-glucide - 68/100g
-proteine - 36/100g	-grasimi - 11,5/100g
-ALERGENI: peste si derivate	
DORADA LA GRATAR - 300g	50,00
- dorada	
-calorii -89/100g	-lipide - 1/100g
-proteine - 19/100g	-carbohidrati - 0/100g
-ALERGENI: peste	
SALAU CU SUSAN - 270g	45,00
- salau, rosii uscate, susan, unt, dovlecei, verdeata	
-calorii - 117/100g	-lipide - 1,2/100g
-proteine - 24/100g	-carbohidrati - 0/100g
-ALERGENI: peste, lactate, susan si derivate	
SARAMURA FILE PASTRAV - 600g	45,00
- file pastrav, ceapa, ardei gras, rosii, boia dulce, usturoi, ardei iute, sare	
-calorii - 162/100g	-lipide - 8/100g
-proteine - 28/100g	-carbohidrati - 0/100g

	-ALERGENI: peste si derivate	
FILE CRAP PRAJIT/LA GRATAR - 300g		45,00
- crap, lamaie, ulei, faina, sare, piper		
-calorii - 162/100g	-lipide - 5,6/100g	
-proteine - 22/100g	-carbohidrati - 0/100g	
	-ALERGENI: peste si derivate	
SCOICI NEGRE CU VERDEATA SI SOS DE VIN - 500g		45,00
- scoici, verdeata, vin, unt, lamaie, sare, piper		
-calorii - 95/100g	-lipide - 3/100g	
-proteine - 14,3/100g	-carbohidrati - 2,7/100g	
	-ALERGENI: crustacee si derivate	
CARNE DE SCOICI PE PLITA - 300g		42,00
- scoici, lamaie, verdeata, ulei, sare		
-calorii - 83/100g	-glucide - 0,1/100g	
-proteine - 14/100g	-grasimi - 3/100g	
	-ALERGENI: crustacee si derivate	
SALAU MEUNIERE - 300g		38,00
- salau, oua, capere, unt, lamaie, verdeata, faina		
-calorii - 105/100g	-lipide - 0,12/100g	
-proteine - 22/100g	-carbohidrati - 0,4/100g	
	-ALERGENI: peste, ou, lactate, cereale si derivate	
FILE PASTRAV PRAJIT/LA GRATAR - 300g		38,00
- pastrav, lamaie, ulei, faina, sare, piper		
-calorii - 99/100g	-lipide - 8,5/100g	
-proteine - 18/100g	-carbohidrati - 0/100g	
	-ALERGENI: peste si derivate	
FILE SALAU (PANE / PARIZIAN / LA GRATAR) - 250g		32,00
- salau, ou, faina, pesmet, lamaie, sare, piper		
-calorii - 214/100g	-lipide - 11/100g	
-proteine - 10/100g	-carbohidrati - 18/100g	
	-ALERGENI: peste, ou si derivate	
PASTRAV PRAJIT/LA GRATAR - 300g		40,00
- pastrav, lamaie, sare, piper		
-calorii - 190/100g	-lipide - 8,5/100g	
-proteine - 26,6/100g	-carbohidrati - 0/100g	
	-ALERGENI: peste si derivate	
SALATA ICRE STIUCA - 100g		28,00
- icre stiuca, lamaie, ulei, sare		
-calorii - 125/100g	-lipide - 1,5/100g	
-proteine - 2,7/100g	-carbohidrati - 0/100g	
	-ALERGENI: peste si derivate	
SALATA ICRE CRAP - 100g		23,00
- icre crap, lamaie, ulei, sare		
-calorii - 130/100g	-lipide - 3/100g	
-proteine - 25/100g	-carbohidrati - 0/100g	
	-ALERGENI: peste si derivate	

GARNITURI

CARTOFI COPTI IN COAJA UMPLUTI - 600g		25,00
- cartof, sare		
<i>Umpluti cu :</i>		
- telemea oaie si branza de burduf	-calorii - 137/100g	-proteine - 5,3/100g
<i>sau</i>	-carbohidrati - 17/100g	-lipide - 5,4/100g
- mozzarella si sunca	-calorii - 338/100g	-proteine - 10/100g
<i>sau</i>	-carbohidrati - 44/100g	-lipide - 13,5/100g
- sos smantana si branza de vaci	-calorii - 136,6/100g	-proteine - 5,3/100g
.	-carbohidrati - 16,7/100g	-lipide - 2,7/100g
		-lipide - 13/100g
		-fibre - 3/100g
	-ALERGENI: lactate si derivate	
CARTOFI FRANTUZESTI - 250g		22,00
- sos alb, ou, cascaval		
-calorii - 149/100g	-glucide - 17/100g	
-proteine - 3/100g	-fibre - 1/100g	
	-ALERGENI: ou, lactate si derivate	
LEGUME LA GRATAR - 250g		21,00
- ceapa, ardei gras, rosii, vinete, dovlecei, ciuperci		
-calorii - 27,4/100g	-glucide - 1,6/100g	
-proteine - 4,8/100g	-grasimi - 0,3/100g	
	-ALERGENI: -	

CIUPERCI UMLUTE CU CASCAVAL - 250g		22,00
- ciuperci, cascaval, sare		
-calorii - 44/100g	-lipide - 1,8/100g	-fibre - 1/100g
-proteine - 46/100g	-carbohidrati - 3,8/100g	
-ALERGENI: lactate si derivate		
RISOTTO CU SPARANGHEL - 250g		22,00
- orez, sparanghel, parmezan, sare		
-calorii - 81,5/100g	-grasimi - 1/100g	
-proteine - 2,4/100g	-carbohidrati - 10/100g	
-ALERGENI: lactate si derivate		
SOTE BROCCOLI - 250g		20,00
- broccoli, unt, sare		
-calorii - 34/100g	-lipide - 0/100g	-fibre - 2,6/100g
-proteine - 2,8/100g	-carbohidrati - 6,6/100g	
-ALERGENI: lactate si derivate		
SOTE LEGUME - 250g		17,00
- amestec legume, unt		
-calorii - 36/100g	-lipide - 0,4/100g	
-proteine - 3/100g	-carbohidrati - 5/100g	
-ALERGENI: lactate si derivate		
CARTOFI TARANESTI - 300g		20,00
- kaizer, usturoi, verdeata		
-calorii - 197/100g	-lipide - 8,6/100g	-fibre - 3,5/100g
-proteine - 3/100g	-carbohidrati - 27/100g	
-ALERGENI: -		
CIUPERCI NATUR - 200g		15,00
- ciuperci, sare		
-calorii - 27/100g	-glucide - 4,8/100g	
-proteine - 1,2/100g	-grasimi - 2,4/100g	
-ALERGENI: -		
CARTOFI NOI AURII - 300g		15,00
- cartofi, sare		
-calorii - 87/100g	-lipide - 0,1/100g	-fibre - 2/100g
-proteine - 2/100g	-carbohidrati - 20/100g	
-ALERGENI: lactate si derivate		
PILAF DE OREZ CU CIUPERCI - 250g		15,00
- orez, ciuperci, ardei gras, morcov, telina, marar, sare		
-calorii - 161/100g	-lipide - 2,4/100g	
-proteine - 3,4/100g	-carbohidrati - 31,8/100g	
-ALERGENI: telina si derivate		
CARTOFI CU ROZMARIN - 250g		15,00
- cartofi, rozmarin, ulei, sare		
-calorii - 109/100g	-glucide - 16,9/100g	
-proteine - 1,9/100g	-grasimi - 3,9/100g	
-ALERGENI: -		
PIURE DE CARTOFI - 250g		15,00
- cartofi, lapte, margarina, sare		
-calorii - 113/100g	-lipide - 4,2/100g	-fibre - 1,5/100g
-proteine - 2/100g	-carbohidrati - 17/100g	
-ALERGENI: lactate si derivate		
CARTOFI COPTI IN COAJA - 350g		15,00
- cartofi, sare		
-calorii - 93/100g	-glucide - 21/100g	-fibre - 2,2/100g
-proteine - 2,5/100g	-grasimi - 0,1/100g	
-ALERGENI: -		
CARTOFI LA CUPTOR - 300g		15,00
- cartofi, ulei, usturoi, sare		
-calorii - 93/100g	-lipide - 0,1/100g	-fibre - 2,2/100g
-proteine - 2,5/100g	-carbohidrati - 21,2/100g	
-ALERGENI: -		
CARTOFI PRAJITI - 300g		15,00
- cartofi, sare		
-calorii - 319/100g	-lipide - 17/100g	-fibre - 4/100g
-proteine - 4/100g	-carbohidrati - 38/100g	
-ALERGENI: -		
CARTOFI NATUR - 300g		15,00
- cartofi, unt, sare		
-calorii - 87/100g	-lipide - 0,1/100g	-fibre - 2/100g
-proteine - 2/100g	-carbohidrati - 20/100g	
-ALERGENI: lactate si derivate		

SOSURI

SOS GORGONZOLA - 200g	14,00
- smantana dulce, branza gorgonzolla, unt, sare, piper	
-calorii - 248/100g	-lipide - 6/100g
-proteine - 48/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
SOS HREAN CU SMANTANA - 200g	12,00
- smantana, hrean	
-calorii - 204/100g	-lipide - 18/100g
-proteine - 2,3/100g	-carbohidrati - 8/100g
-ALERGENI: lactate si derivate	
PASTA MUJDEI CU SMANTANA - 200g	10,00
- smantana, usturoi, ulei, sare, piper	
-calorii - 197/100g	-lipide - 19/100g
-proteine - 3/100g	-glucide - 4/100g
-ALERGENI: lactate si derivate	
SOS PICANT - 200g	10,00
- sos tomate, ardei iute, tabasco, sare, piper	
-calorii - 104/100g	-lipide - 8/100g
-proteine - 2/100g	-glucide - 7/100g
-ALERGENI: lactate si derivate	
MAIONEZA - 50g	8,00
- ulei, ou, sare	
-calorii - 733/100g	-sare - 5,33/100g
-grasimi - 80/100g	-carbohidrati - 0/100g
-ALERGENI: lactate si derivate	
MUJDEI DE USTUROI - 100g	5,00
- usturoi, ulei, sare, apa	
-calorii - 149/100g	-glucide - 33/100g
-proteine - 6/100g	-fibre - 2/100g
-ALERGENI: lactate si derivate	
SMANTANA - 100g	5,00
- smantana	
-calorii - 216/100g	-lipide - 20/100g
-proteine - 3,3/100g	-carbohidrati - 3,9/100g
-ALERGENI: lactate si derivate	

SALATE

SALATA VERDE - 300g	18,00	
- salata verde		
-calorii - 13/100g	-lipide - 0,6/100g	
-glucide - 2,4/100g	-grasimi - 0,1/100g	
-ALERGENI: -		
SALATA DE ARDEI COPTI - 200g	18,00	
- ardei kapia, usturoi, ulei, otet, sare, piper		
-calorii - 130/100g	-lipide - 6/100g	
-proteine - 0/100g	-glucide - 19/100g	
-ALERGENI: -		
SALATA DE VARZA CU MAIONEZA SI MORCOV - 300g	18,00	
- varza, maioneza, marar, morcov		
-calorii - 70,2/100g	-glucide - 5,3/100g	-fibre - 1/100g
-proteine - 3/100g	-grasimi - 4,4/100g	
-ALERGENI: lactate si derivate		
SALATA DE SFECLA ROSIE - 200g	16,00	
- sfecla rosie, otet, sare		
-calorii - 28/100g	-lipide - 0,2/100g	-fibre - 1,4/100g
-proteine - 1,1/100g	-carbohidrati - 5,5/100g	
-ALERGENI: -		
SALATA DE PEPENI MURATI - 200g	16,00	
- pepeni, sare		
-calorii - 20/100g	-lipide - 0,2/100g	-fibre - 1/100g

-proteine - 1,1/100g	-carbohidrati - 1/100g	
-ALERGENI: -		
SALATA ASORTATA VARA - 250g		15,00
- rosii, castraveti, ardei gras, ridichii, ceapa verde, ulei, sare		
-calorii - 50/100g	-lipide - 3,3/100g	-fibre - 1,5/100g
-proteine - 1/100g	-carbohidrati - 4,3/100g	
-ALERGENI: -		
SALATA ASORTATA MURATURI - 200g		15,00
- castraveti murati, gogosari murati, varza murata, conopida murata		
-calorii - 30/100g	-glucide - 7/100g	
-proteine - 2/100g	-carbohidrati - 0/100g	
-ALERGENI: -		
SALATA DE ROSII - 250g		14,00
- rosii, ulei, sare		
-calorii - 45/100g	-glucide - 10/100g	
-proteine - 2/100g	-carbohidrati - 0/100g	
-ALERGENI: -		
SALATA DE GOGOSARI - 200g		14,00
- gogosari, otet, sare		
-calorii - 20/100g	-lipide - 0,2/100g	-fibre - 1,7/100g
-proteine - 0,9/100g	-carbohidrati - 4,6/100g	
-ALERGENI: -		
SALATA DE CASTRAVETI VERZI - 250g		14,00
- castraveti, marar, otet, sare		
-calorii - 24/100g	-glucide - 4/100g	
-proteine - 1/100g	-carbohidrati - 0/100g	
-ALERGENI: -		
SALATA DE CONOPIDA - 200g		14,00
- conopida, sare		
-calorii - 25/100g	-lipide - 0,5/100g	-fibre - 2,5/100g
-proteine - 2,4/100g	-carbohidrati - 3,5/100g	
-ALERGENI: -		
SALATA DE GOGONELE - 200g		14,00
- gogonele, sare		
-calorii - 36/100g	-lipide - 0,2/100g	-fibre - 1,1/100g
-proteine - 1,1/100g	-carbohidrati - 8,3/100g	
-ALERGENI: -		
SALATA DE CASTRAVETI MURATI - 200g		14,00
- castraveti, sare		
-calorii - 12/100g	-lipide - 0,2/100g	-fibre - 1/100g
-proteine - 1/100g	-carbohidrati - 3/100g	
-ALERGENI: -		
SALATA DE VARZA ROSIE - 250g		13,00
- varza rosie, otet, sare		
-calorii - 13/100g	-lipide - 0,6/100g	
-glucide - 2,4/100g	-grasimi - 0,1/100g	
-ALERGENI: -		
SALATA DE CEAPA - 250g		12,00
- ceapa rosie, ulei		
-calorii - 41/100g	-lipide - 0,3/100g	
-proteine - 0,1/100g	-carbohidrati - 7/100g	
-ALERGENI: -		
SALATA DE VARZA DULCE - 250g		12,00
- varza, otet, marar, sare		
-calorii - 41/100g	-glucide - 6/100g	-fibre - 2/100g
-proteine - 1/100g	-grasimi - 3/100g	
-ALERGENI: -		
SALATA DE VARZA MURATA - 200g		12,00
- varza, sare		
-calorii - 20/100g	-lipide - 0,2/100g	-fibre - 1/100g
-proteine - 1,1/100g	-carbohidrati - 3,4/100g	
-ALERGENI: -		
LAMAIE - 100g		4,00
- lamaie		
-calorii - 29/100g	-lipide - 0,3/100g	-fibre - 2,8/100g
-proteine - 1,1/100g	-carbohidrati - 9,3/100g	
-ALERGENI: -		
CEAPA - 1 buc		3,00
- ceapa alba		
-calorii - 42/100g	-lipide - 0,1/100g	-fibre - 1,4/100g
-proteine - 0,9/100g	-carbohidrati - 10,1/100g	
-ALERGENI: -		

PASTE & SPAGHETE

TAGLIATELLA CU SOMON - 430g	45,00
- tagliatelle, file somon, smantana dulce, vin alb, usturoi, busuioc, parmezan	
-calorii - 127,67/100g	-carbohidrati - 13,4/100g
-lipide - 7,16/100g	-fibre - 0/100g
-proteine - 6,30/100g	-glucide - 0/100g
-ALERGENI: faina, peste, cereale si derivate cu continut de gluten	
PENNE QUATRO FORMAGGI - 360g	40,00
- penne, smantana lichida, gorgonzola, roquefort, parmezan, brie, mozzarella	
-calorii - 90/100g	-carbohidrati - 75,2/100g
-lipide - 8,17/100g	-fibre - 0,58/100g
-proteine - 1,42/100g	-glucide - 0/100g
-ALERGENI: faina, lactate, cereale si derivate cu continut de gluten	
SPAGHETE CU FRUCTE DE MARE - 300g	42,00
- spaghetti, fructe de mare, lamaie, patrunjel verde, sare, piper, ulei masline	
-calorii - 153/100g	-carbohidrati - 67,2/100g
-lipide - 0/100g	-fibre - 0,85/100g
-proteine - 9,11/100g	-glucide - 19,77/100g
-ALERGENI: faina, peste, cereale si derivate cu continut de gluten	
PENNE all' ARRABBIATA CU PUI - 350g	38,00
- penne, piept pui, ardei gras, sos rosii, parmezan, sare, piper	
-calorii - 164,51/100g	-carbohidrati - 40,1/100g
-proteine - 0,05/100g	-fibre - 0/100g
-glucide - 22,91/100g	-lipide - 0/100g
-ALERGENI: faina, lactate, cereale si derivate cu continut de gluten	
SPAGHETE BOLOGNESE - 350g	38,00
- spaghetti, carne vita, ceapa, usturoi, ardei gras, morcov, sos rosii, parmezan, sare, piper	
-calorii - 77/100g	-carbohidrati - 14,1/100g
-glucide - 14,1/100g	-grasimi - 1,3/100g
-lipide - 0/100g	-proteine - 2/100g
-ALERGENI: faina, lactate, cereale si derivate cu continut de gluten	
SPAGHETE CARBONARA - 300g	38,00
- spaghetti, parmezan, bacon, unt, oua, sos smantana, condimente	
-calorii - 202,3/100g	-grasimi - 8,2/100g
-carbohidrati - 21,9/100g	-fibre - 0/100g
-proteine - 9,2/100g	-glucide - 0/100g
-ALERGENI: faina, ou, lactate, cereale si derivate cu continut de gluten	
PENNE all' ARRABBIATA - 300g	35,00
- penne, rosii, ardei iute, busuioc, sos rosii, oregano, ulei masline, parmezan	
-calorii - 287,9/100g	-grasimi - 7,1/100g
-proteine - 10/100g	-fibre - 4/100g
-glucide - 40,1/100g	-carbohidrati - 40,1/100g
-ALERGENI: faina, lactate, cereale si derivate cu continut de gluten	
SPAGHETE MILANEZE - 300g	35,00
- spaghetti, ciuperci, sunca, sos de rosii, sare, piper	
-calorii - 357/100g	-carbohidrati - 57,3/100g
-glucide - 57,30/100g	-grasimi - 10,5/100g
-proteine - 6,00/100g	-fibre - 0/100g
-ALERGENI: faina, lactate, cereale si derivate cu continut de gluten	

PIZZA (diametru 30 cm)

<u>QUATTRO FORMAGGI</u>	43,00
- smantana, mozzarella, gorgonzola, cascaval, parmezan -calorii - 225/100g -lipide - 10/100g -fibre - 2,5/100g -proteine - 10,1/100g -carbohidrati - 21,1/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>TONNO</u>	40,00
- sos de rosii, mozzarella, ton, oregano -calorii - 220/100g -glucide - 28/100g -proteine - 10/100g -grasimi - 7/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>MARGINENI</u>	40,00
- sos de rosii, mozzarella, salam, sunca, ciuperci, ou, masline, oregano -calorii - 228/100g -glucide - 23/100g -fibre - 2,6/100g -proteine - 12,7/100g -grasimi - 11,8/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>QUATTRO STAGIONI</u>	38,00
- sos de rosii, mozzarella, ardei gras, salam, sunca, ciuperci, oregano -calorii - 260/100g -grasimi - 12,4/100g -proteine - 10/100g -carbohidrati - 26,6/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>TARANEASCA</u>	38,00
- sos de rosii, mozzarella, bacon, ceapa, ardei gras, ciuperci, carnati, oregano -calorii - 282/100g -glucide - 30,5/100g -fibre - 3,5/100g -proteine - 15,9/100g -grasimi - 11,5/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>SPECIALA</u>	38,00
- sos rosii, mozzarella, salam, ciuperci, sunca, ceapa, porumb, ardei gras, masline,rosii -calorii - 198/100g -glucide - 28,3/100g -fibre - 2/100g -proteine - 8/100g -grasimi - 5/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>PRIMAVERA</u>	38,00
- sos de rosii, mozzarella, sunca, masline, cascaval -calorii - 194/100g -lipide - 6/100g -proteine - 7/100g -carbohidrati - 28/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>RUSTICA</u>	38,00
- sos de rosii, mozzarella, salam, carnati, ciuperci, ardei gras, masline, oregano -calorii - 334/100g -glucide - 25,9/100g -fibre - 3,9/100g -proteine - 15,3/100g -grasimi - 4,5/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>POLLO E FUNGHI</u>	38,00
- sos de rosii, mozzarella, pui, ciuperci, ardei gras, masline, oregano -calorii - 188/100g -glucide - 24/100g -proteine - 10/100g -grasimi - 5,6/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>CAPRICIOSA</u>	36,00
- sos de rosii, mozzarella, sunca, rosii, ardei gras, oregano -calorii - 225/100g -lipide - 8,5/100g -fibre - 3/100g -proteine - 8/100g -carbohidrati - 29,3/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>DIAVOLO</u>	36,00
- sos de rosii, mozzarella, salam, ardei iute -calorii - 214/100g -glucide - 27/100g -proteine - 9/100g -grasimi - 7/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>VEGETARIANA</u>	36,00
- sos de rosii, mozzarella, ciuperci, ardei gras, rosii, ceapa, porumb, masline, dovlecel -calorii - 178/100g -lipide - 6,9/100g -fibre - 1/100g -proteine - 7,9/100g -carbohidrati - 22,8/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>PROSCIUTTO</u>	36,00
- sos de rosii, mozzarella, sunca -calorii - 194/100g -lipide - 6/100g -proteine - 7/100g -carbohidrati - 28/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>MARGHERITA</u>	34,00
- sos de rosii, mozzarella, rosii -calorii - 221/100g -lipide - 4,8/100g -proteine - 9,3/100g -carbohidrati - 31,5/100g -ALERGENI: lactate, cereale si derivate cu continut de gluten	
<u>SOS PIZZA - 80 ml / 2 pliculete</u>	4,00
- sos de rosii, oregano, ulei masline, sare -calorii - 58/100g -lipide - 2,2/100g -fibre - 2/100g -proteine - 1,6/100g -carbohidrati - 7/100g -ALERGENI:	

MANCARURI DE POST

BURGER DE POST CU CARTOFI AURII - 450g	40,00
- chiftea de post, ceapa rosie, rosii, castraveti, mustar, chifla, soia	
-calorii - 291,2/100g	-lipide - 20,6/100g
-proteine - 16,5/100g	-carbohidrati - 9,1/100g
-ALERGENI: cereale si derivate cu continut de gluten	-fibre - 5/100g
LEGUME LA GRATAR - 250g	21,00
- ceapa, ardei gras, rosii, vinete, dovlecei, ciuperci	
-calorii - 27,4/100g	-glucide - 1,6/100g
-proteine - 4,8/100g	-grasimi - 0,3/100g
-ALERGENI: -	
TOFU IN FULGI DE MIGDALE - 150g	21,00
- tofu, migdale, sare	
-calorii - 91/100g	-lipide - 6/100g
-proteine - 10/100g	-carbohidrati - 2/100g
-ALERGENI: -	
SARMALE CU OREZ SI CIUPERCI - 5 buc - 300g	22,00
- varza, orez, ciuperci, ceapa, morcov, telina, condimente, sare	
-calorii - 72/100g	-lipide - 10,7/100g
-proteine - 0,8/100g	-carbohidrati - 6,3/100g
-ALERGENI: telina si derivate	-fibre - 3,2/100g
SALATA DE VINETE - 250g	22,00
- vinete, rosie, ulei, ceapa, sare, piper	
-calorii - 125/100g	-glucide - 3/100g
-proteine - 1/100g	-carbohidrati - 0/100g
-ALERGENI: -	
SNITEL DE POST - 200g	22,00
- soia, ulei, sare	
-calorii - 140/100g	-lipide - 1,5/100g
-proteine - 14/100g	-carbohidrati - 15/100g
-ALERGENI: -	
SOTE DE BROCCOLI - 250g	20,00
- broccoli, ulei, sare	
-calorii - 34/100g	-lipide - 0/100g
-proteine - 2,8/100g	-carbohidrati - 6,6/100g
-ALERGENI: -	-fibre - 2,6/100g
CIORBA DE LEGUME - 450g	20,00
- morcov, ceapa, telina, cartofi, mazare, fasole verde, varza, sare	
-calorii - 20,41/100g	-lipide - 0,20/100g
-proteine - 0,30/100g	-carbohidrati - 3,7/100g
-ALERGENI: telina si derivate	
CIORBA DE FASOLE - 450g	20,00
- fasole boabe, ceapa, morcov, telina, cimbru, sare	
-calorii - 34,2/100g	-grasimi - 5,2/100g
-lipide - 0,80/100g	-proteine - 1,8/100g
-ALERGENI: telina si derivate	-carbohidrati - 15,6/100g
SPANAC - 300g	18,00
- spanac, ceapa, ardei gras, piper, sare	
-calorii - 22,8/100g	-glucide - 3,60/100g
-ALERGENI: -	
FASOLE BATUTA - 250g	18,00
- fasole, usturoi, ulei, sare	
-calorii - 159/100g	-glucide - 20/100g
-proteine - 8/100g	-grasimi - 4,7/100g
-ALERGENI: -	-fibre - 4/100g
IAHNIE FASOLE - 350g	18,00
- fasole, morcov, ceapa, telina, bulion, sare	
-calorii - 154/100g	-lipide - 6/100g
-proteine - 48/100g	-carbohidrati - 63,3/100g
-ALERGENI: telina si derivate	-fibre - 6,5/100g
SOTE LEGUME - 250g	17,00
- amestec legume, ulei, sare	
-calorii - 36/100g	-lipide - 0,4/100g
-proteine - 3/100g	-carbohidrati - 5/100g
-ALERGENI: -	
ZACUSCA - 200g	17,00
- vinete, ardei kapia, ceapa, ulei, piper, sare	
-calorii - 122/100g	-glucide - 8/100g
-proteine - 1,4/100g	-grasimi - 9,4/100g
-ALERGENI: -	

VARZA CALITA - 350g		17,00
- varza, rosii, bulion, ceapa, verdeata, sare		
-calorii - 75/100g	-lipide - 5/100g	-fibre - 1,7/100g
-proteine - 1,3/100g	-carbohidrati - 6/100g	
-ALERGENI: -		
CIUPERCI NATUR - 200g		15,00
- ciuperci, ulei, sare		
-calorii - 27/100g	-glucide - 4,8/100g	
-proteine - 1,2/100g	-grasimi - 2,4/100g	
-ALERGENI: -		
PILAF DE OREZ CU CIUPERCI - 350g		15,00
- orez, ciuperci, ardei gras, morcov, telina, marar, sare		
-calorii - 161/100g	-lipide - 2,4/100g	
-proteine - 3,4/100g	-carbohidrati - 31,8/100g	
-ALERGENI: telina si derivate		
CARTOFI COPTI IN COAJA - 350g		15,00
- cartofi, sare		
-calorii - 93/100g	-glucide - 21/100g	-fibre - 2,2/100g
-proteine - 2,5/100g	-grasimi - 0,1/100g	
-ALERGENI: -		
CARTOFI PRAJITI - 300g		15,00
- cartofi, sare		
-calorii - 319/100g	-lipide - 17/100g	-fibre - 4/100g
-proteine - 4/100g	-carbohidrati - 38/100g	
-ALERGENI: -		
CARTOFI NATUR - 300g		15,00
- cartofi, sare		
-calorii - 87/100g	-lipide - 0,1/100g	-fibre - 2/100g
-proteine - 2/100g	-carbohidrati - 20/100g	
-ALERGENI: -		
CARTOFI LA CUPTOR - 300g		15,00
- cartofi, usturoi, sare		
-calorii - 93/100g	-lipide - 0,1/100g	-fibre - 2,2/100g
-proteine - 2,5/100g	-carbohidrati - 21,2/100g	
-ALERGENI: -		

DESERT

PAPANASI (portia) - 250/100/50g		30,00
- faina, branza, smantana, oua, dulceata fructe		
-calorii - 235/100g	-glucide - 10/100g	
-proteine - 10/100g	-grasimi - 17,2/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		
INGHETATA ARTIZANALA - 100g		27,00
CIRESE / FISTIC / CIOCOLATA CU LAPTE / RAFFAELLO / VANILIE		
-calorii - 224/100g	-glucide - 30,5/100g	
-proteine - 5,5/100g	-carbohidrati - 0,76/100g	
-ALERGENI: oua, lactate si derivate		
PLACINTA CU MERE SI INGHETATA - 260g		30,00
- faina, mere, inghetata, praf de copt, smantana, oua, portocala, sare		
-calorii - 186/100g	-lipide - 6/100g	-fibre - 3/100g
-proteine - 3,5/100g	-carbohidrati - 30/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
PROFITEROL - 50/150/10g		28,00
- gogosi profiterol, inghetata, frisca, oua, faina, ulei		
-calorii - 266/100g	-lipide - 15,2/100g	-fibre - 2,4/100g
-proteine - 6/100g	-carbohidrati - 28,9/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
INGHETATA - 200g		25,00
CIOCOLATA / VANILIE / PEPENE GALBEN / FRUCTE DE PADURE		
- apa, zahar, lapte praf, sirop de glucoza		
-calorii - 178/100g	-glucide - 23,2/100g	
-proteine - 2,3/100g	-carbohidrati - 27,8/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
TIRAMISU CU INGHETATA - 300g		26,00
- piscoturi, oua, frisca, mascarpone, cafea, amareto, inghetata		
-calorii - 350/100g	-lipide - 8,7/100g	-fibre - 0,2/100g
-proteine - 6/100g	-carbohidrati - 41,3/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		

TORT KRANTZ - 150g		25,00
- blat de cacao, oua, zahar, unt, nuci, sirop diverse arome, praf cacao, colorant natural, piure din seminte si fructe proaspete		
-calorii - 322/100g	-lipide - 15,7/100g	
-proteine - 6,7/100g	-carbohidrati - 47,7/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		
PRAJITURA CU BRANZA [CHEESE CAKE] - 200g		23,00
- crema de branza EXQUISA, ricotta, ou, biscuiti, unt, smantana, lamaie, zahar		
-calorii - 326/100g	-lipide - 12,6/100g	
-proteine - 8,5/100g	-carbohidrati - 34/100g	
-ALERGENI: lactate, cereale si derivate cu continut de gluten		
LAVA CAKE - 125g		22,00
- faina, cacao, zahar, grasimi vegetale, ulei, amidon, cocos, lecitina, lapte, oua, margarina, apa, sare		
-calorii - 359/100g	-glucide - 34,6/100g	
-proteine - 6,2/100g	-fibre - 6,2/100g	
-ALERGENI: lactate, oua, soia, cereale si derivate cu continut de gluten		
RED VELVET - 140g		22,00
- faina, branza dulce, amidon, lapte praf, zahar, ulei, lecitina, apa, crema de vanilie, concentrat de sfecla rosie, oua, praf de copt		
-calorii - 374/100g	-glucide - 44,7/100g	
-proteine - 2,4/100g	-fibre - 2,4/100g	
-ALERGENI: lactate, oua, soia, cereale si derivate cu continut de gluten		
BISCUIT MOUSE - 100g		21,00
- faina, biscuit Oreo, cacao, zahar, grasimi vegetale, ulei, amidon, lecitina, lapte, oua, apa, sare		
-calorii - 409/100g	-glucide - 40,2/100g	
-proteine - 3,6/100g	-fibre - 1,6/100g	
-ALERGENI: lactate, oua, soia, cereale si derivate cu continut de gluten		
PLACINTA CU MERE - 200g		21,00
- faina, oua, smantana, praf de copt, arome		
-calorii - 186/100g	-lipide - 6/100g	-fibre - 3/100g
-proteine - 3,5/100g	-carbohidrati - 30/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
CHOCO MOUSE - 100g		21,00
- faina, cacao, zahar, grasimi vegetale, ulei, amidon, zer praf, lecitina, lapte, oua, samburi caise		
-calorii - 343/100g	-glucide - 34,6/100g	
-proteine - 6,5/100g	-fibre - 1,9/100g	
-ALERGENI: lactate, oua, soia, cereale si derivate cu continut de gluten		
TIRAMISU - 200g		20,00
- piscoturi, oua, frisca, mascarpone, cafea, amareto		
-calorii - 277/100g	-lipide - 18,7/100g	-fibre - 0,2/100g
-proteine - 4/100g	-carbohidrati - 41,3/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
CLATITE CU MIERE/CIOCOLATA - 200g		20,00
- faina, oua, lapte, mire de albine / ciocolata		
-calorii - 295/100g	-lipide - 15/100g	
-proteine - 1,5/100g	-carbohidrati - 36/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
CLATITE CU DULCEATA - 200g		20,00
- faina, oua, lapte, dulceata de fructe		
-calorii - 295/100g	-lipide - 15/100g	
-proteine - 1,5/100g	-carbohidrati - 36/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
CLATITE CU BRANZA DULCE - 200g		20,00
- faina, oua, lapte, branza dulce de vaci		
-calorii - 212/100g	-lipide - 16/100g	
-proteine - 13,2/100g	-carbohidrati - 4,3/100g	
-ALERGENI: lactate, oua, cereale si derivate cu continut de gluten		
TOPING 50g:		
Inghetata		7,00
-calorii - 148/100g		
-proteine - 2,1/100g	-glucide - 26,6/100g	
	-carbohidrati - 27,8/100g	
-ALERGENI: oua, lactate si derivate		
Ciocolata		5,00
-calorii - 561/100g		
-proteine - 4,6/100g	-glucide - 55/100g	
	-grasimi - 35/100g	
-ALERGENI: -		
Dulceata		5,00
-calorii - 272/100g		
	-glucide - 66/100g	

-proteine - 0,5/100g	-ALERGENI: -	-carbohidrati - 0/100g	
Miere			5,00
-calorii - 325/100g		-lipide - 0/100g	
-proteine - 0,4/100g	-ALERGENI:	-carbohidrati - 81/100g	

VINURI 0,75 L

VALORI NUTRITIONALE:

VIN ALB SEC	-calorii - 73/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 2,4/100ml	VIN ROSU DEMIDULCE	-calorii - 98/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 5,5/100ml
VIN ALB DEMISEC	-calorii - 78/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 3,7/100ml	VIN ROSU DULCE	-calorii - 106/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 8,2/100ml
VIN ALB DEMIDULCE	-calorii - 80/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 2,0/100ml	VIN ROSU LICOROS	-calorii - 207/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 4,8/100ml
VIN ALB DULCE	-calorii - 116/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 3,3/100ml	VIN ROZE SEC	-calorii - 83/100ml -proteine - 0,36/100ml	-lipide - 0,0/100ml -carbohidrati - 3,8/100ml
VIN ALB LICOROS	-calorii - 198/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 4,1/100ml	VIN ROZE DEMISEC	-calorii - 88/100ml -proteine - 0,39/100ml	-lipide - 0,0/100ml -carbohidrati - 4,3/100ml
VIN ROSU SEC	-calorii - 76/100ml -proteine - 0,0/100ml	-lipide - 0,0/100ml -carbohidrati - 2,8/100ml	VIN ROZE DEMIDULCE	-calorii - 91/100ml -proteine - 0,44/100ml	-lipide - 0,0/100ml -carbohidrati - 3,9/100ml
VIN ROSU DEMISEC	-calorii - 83/100ml -proteine - 0,1/100ml	-lipide - 0,0/100ml -carbohidrati - 3,0/100ml	VIN ROZE DULCE	-calorii - 119/100ml -proteine - 0,56/100ml	-lipide - 0,0/100ml -carbohidrati - 4,4/100ml

JIDVEI

ANA - SAUVIGNON BLANC, sec [dry]	140,00
MISTERIUM - ALB - (CUPAJ TRAMINER-SOV BLANC), sec [dry]	110,00
MISTERIUM - ALB - (CUPAJ FET REGALA-MUSCAT-SOV BLANC), sec [dry]	110,00
MISTERIUM - ROZE - (CUPAJ CABERNET-PINOT NOIR-SYRAH), sec [dry]	110,00
TEZAU - ALB - (CUPAJ SOV BLANC-FET REGALA), sec [dry]	90,00
TEZAU - ROZE - (CUPAJ PINOT NOIR-SYRAH), sec [dry]	90,00
ILUZIV - ALB - (CUPAJ SOV BLANC-RIESLING-MUSCAT OTTONEL), sec [dry]	75,00
ILUZIV - ROZE - (CUPAJ CABERNET SOV-SYRAH-PINOT NOIR), sec [dry]	75,00
GRIGORESCU - ALB - (DRY MUSCAT - Fata-n iarba), demisec [demidry]	75,00

CHATEAU CRISTI

BRAVOURE - ROSU (CUPAJ CABERNET-MERLOT-SHIRAZ-RARA NEAGRA), sec [dry]	80,00
BRAVOURE - ALB (CUPAJ SAUVIGNON-PINOT GRIGIO), sec [dry]	80,00
BRAVOURE - ROSE (MALBEC - vinificat stil Provence), sec [dry]	80,00

RECAS

CUVEE UBERLAND - ROSU - (CUPAJ CABERNET SOV-MERLOT), sec [dry]	200,00
SOLO QUINTA - ALB, sec [dry]	190,00
MUSE NIGHT - ROSE - (CUPAJ CAB SOV-MERLOT-NEGRU DRAGASANI), demisec [demidry]	145,00
MUSE WHITE - ALB - (CUPAJ FET REG-MUSCAT OTTONEL), demisec [demidry]	145,00
SELENE - SYRAH, sec [dry]	150,00
SOLE - ROZE, sec [dry]	150,00
SOLE - SAUVIGNON BLANC, sec [dry]	150,00
HUNIADE - ROSU - CABERNET SAUVIGNON, sec [dry]	65,00
HUNIADE - ALB - FETEASCA REGALA, demisec [demidry]	65,00
HUNIADE - ROZE, demisec [demidry]	65,00

PURCARI

NOCTURNE - RARA NEAGRA, sec [dry]	100,00
NOCTURNE - CABERNET SAUVIGNON, sec [dry]	100,00
NOCTURNE - PINOT GRIGIO, sec [dry]	100,00
NOCTURNE - CHARDONNAY, sec [dry]	100,00
NOCTURNE - SAUVIGNON BLANC, sec [dry]	100,00
NOCTURNE - VIORICA, sec [dry]	100,00
NOCTURNE - ROZE, sec [dry]	100,00

LILIA

PREMIUM - SAUVIGNON BLANC, sec [dry]	125,00
PREMIUM - ROZE - PINOT NOIR, sec [dry]	125,00
PREMIUM - FETEASCA REGALA, sec [dry]	100,00
PREMIUM - PINOT GRIGIO, sec [dry]	100,00

SARICA NICULITEL

CAII DE LA LETEA Vol. I - FETEASCA NEAGRA, sec [dry]	75,00
CAII DE LA LETEA Vol. I - ALIGOTE, sec [dry]	75,00
CAII DE LA LETEA Vol. I - SAUVIGNON BLANC, sec [dry]	75,00
CAII DE LA LETEA Vol. I - ROZE, sec [dry]	75,00

GARBOIU

BACANTA - FETEASCA NEAGRA BARIQUE, sec [dry]	160,00
BACANTA - SARBA, sec [dry]	135,00
BACANTA - CARDONNAY, sec [dry]	150,00
BACANTA - ROZE - TRAMINER, sec [dry]	135,00

DOMENIILE FRANCO ROMANE

ARROGANCE - ROSE (CUPAJ FETEASCA NEAGRA-MERLOT), sec [dry]	110,00
ARROGANCE - ALB (CUPAJ FETEASCA ALBA-TAMAIOASA ROMANEASCA), demisec [demidry]	110,00
ARROGANCE - ROZE (MERLOT), demisec [demidry]	110,00
D.F.R. - ALB (CUPAJ SAUVIGNON BLANC-TAMAIOASA ROMANEASCA), demisec [demidry]	110,00

PANCIU

RISERVA - BABEASCA NEAGRA, sec [dry]	65,00
RISERVA - SARBA, demisec [demidry]	65,00
RISERVA - MUSCAT OTTONEL, dulce [sweet]	65,00
RISERVA - ROSE, demisec [demidry]	65,00

DARABONT

URME - SAUVIGNON BLANC, sec [dry]	95,00
URME - CARDONNAY, sec [dry]	95,00
DARABONT - FETEASCA REGALA, sec [dry]	70,00
DARABONT - CUVEE ROZE, sec [dry]	70,00

MURFATLAR

3 HECTARE - CARDONNAY, sec [dry]	80,00
3 HECTARE - ROZE, CABERNET SAUVIGNON, sec [dry]	80,00
AEROSOLI - FETEASCA REGALA, sec [dry]	90,00
AEROSOLI - ROZE (CUPAJ FETEASCA NEAGRA-PINOT NOIR), sec [dry]	90,00

VIN LA CARAFA [WINE CARAFE] - 1 Litru [Litre]

ALB [WHITE], demisec [demidry]	55,00
ROZE [ROSE], demisec/demidulce [demidry/demisweet]	55,00
ROSU [RED], demisec [demidry]	55,00

APA

	-calorii - 0/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 0/100ml
APA MINERALA BORSEC 0,75l				14,00
APA PLATA CARPATICA 0,50l				10,00
APA MINERALA BORSEC 0,33l				10,00

SAMPANIE

VALORI NUTRITIONALE:	SEC	-calorii - 82/100ml	- proteine - 0,1/100ml	-lipide - 0/100ml	-carbohidrati - 6/100ml
	DEMI-SEC	-calorii - 97/100ml	- proteine - 0,2/100ml	-lipide - 0/100ml	-carbohidrati - 7/100ml
	DEMI-DULCE	-calorii - 83/100ml	- proteine - 0,1/100ml	-lipide - 0/100ml	-carbohidrati - 3,4/100ml
	DULCE	-calorii - 117/100ml	- proteine - 0,2/100ml	-lipide - 0/100ml	-carbohidrati - 12/100ml
MOET CHANDON					450,00
MUMM CORDON ROUGE					350,00
ASTI MARTINI					130,00
PROSECCO CARDINAL - 0,75l					90,00
SPUMANTE CARDINAL ROZE					90,00
SPUMANT PANCIU (Feteasca Regala & Muscat Ottonel)					70,00
PROSECCO TERRE di MARCA - 0,20l					35,00

BERE

VALORI NUTRITIONALE:	CU ALCOOL	-calorii - 43/100ml	- proteine - 0,5/100ml	-lipide - 0/100ml	-carbohidrati - 3,5/100ml
	FARA ALCOOL	-calorii - 21/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 4,8/100ml

BERE HALBA 0,40 l

HEINEKEN (Lager Premium International)	17,00
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BERE STICLA 0,40 l

HEINEKEN (Lager Premium International)	15,00
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BERE STICLA 0,50 l

AMSTEL	15,00
PAULANER BRUNA NEFILTRATA	24,00
PAULANER BLONDA NEFILTRATA	24,00
CARLSBERG	15,00
STELLA ARTOIS	15,00
CIUC RADLER LEMON	14,00
URSUS FARA ALCOOL	14,00
URSUS	14,00
BECK'S	14,00
TUBORG	14,00

BERE STICLA 0,33 l

CORONA	17,00
HEINEKEN (Lager Premium International)	12,00
HEINEKEN FARA ALCOOL	12,00
URSUS PREMIUM	10,00
STRONGBOW	10,00

RACORITOARE

LIMONADA 1l - CARAFA						30,00
-calorii - 34/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 7,8/100ml	-fibre - 0,1/100ml		
SANTAL 1 l (cirese, piersici, portocale, portocale rosii)						30,00
-calorii - 49/100ml	- proteine - 0,2/100ml	-lipide - 0,1/100ml	-carbohidrati - 11/100ml	-fibre - 0,1/100ml		
LIMONADA 0,5l - CARAFA						20,00
-calorii - 34/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 7,8/100ml	-fibre - 0,1/100ml		
LIMONADA CU MANGO 0,5L						25,00
LIMONADA CU CAPSUNI 0.5L						25,00
LIMONADA CU MANGO 1 L						40,00
LIMONADA CU CAPSUNI 1 L						40,00
FRESH PORTOCAL 0,35l						22,00
-calorii - 47/100ml	- proteine - 0,7/100ml	-lipide - 0,2/100ml	-carbohidrati - 10,9/100ml	-fibre - 0,2/100ml		
LIPTON ICE TEA 0,50l (lamiae, piersici, mango, zmeura, ceai verde)						14,00
-calorii - 30/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 7/100ml	-fibre - 0/100ml		
7 UP 0,20l						11,00
-calorii - 45/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 12/100ml	-fibre - 0/100ml		
PEPSI-COLA 0,20l						11,00
-calorii - 42/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 11,8/100ml	-fibre - 0/100ml		
MIRINDA 0,20l						11,00
-calorii - 48/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 12,9/100ml	-fibre - 0/100ml		
PEPSI LIGHT 0,20l						11,00
-calorii - 0,2/100ml	- proteine - 0,1/100ml	-lipide - 0/100ml	-carbohidrati - 0,1/100ml	-fibre - 0/100ml		
PEPSI TWIST 0,20l						11,00
-calorii - 41/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 10/100ml	-fibre - 0/100ml		
EVERVESS 0,20l - apa tonica						11,00
-calorii - 37/100ml	- proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 8,9/100ml	-fibre - 0/100ml		
MIERE 15g						2,00
TOPING Miere 30g						4,00
-calorii - 325/100ml	-proteine - 0,4/100ml	-lipide - 0/100ml	-carbohidrati - 81/100ml	-fibre - 0/100ml		

NECTAR

PRIGAT 0,25l (kiwi, piersici, pere, portocale, capsuni-banane)						12,00
-calorii - 52/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 14/100ml	-fibre - 0/100ml		

ENERGIZANTE

RED BULL 0,25l						20,00
-calorii - 45/100ml	-proteine - 0,3/100ml	-lipide - 0,1/100ml	-carbohidrati -10,9/100ml	-fibre - 0/100ml		

DIVERSE

ALUNE - 150g						18,00
-calorii - 670/100ml	-proteine - 15/100ml	-lipide - 62/100ml	-carbohidrati - 8,2/100ml	-fibre - 9,4/100ml		

BAUTURI APERITIV - 100 ml

AMARETTO						35,00
-calorii - 388/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 27/100ml	-glucide - 60/100ml		
CAMPARI						35,00

JAGERMAISTER	-calorii - 267/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 27/100ml	-fibre - 0/100ml	35,00
MARTINI	-calorii - 343/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 81/100ml	-glucie - 11/100ml	25,00
BIANCO/ROSSO	-calorii - 243/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 2/100ml	-fibre - 0/100ml	

GIN - 100 ml

BEEFEATHER	-calorii - 263/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 0/100ml	-fibre - 0/100ml	35,00
WEMBLEY						30,00

WHISKY - 100 ml

CHIVAS REGAL	-calorii - 251/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 0,1/100ml	-fibre - 0/100ml	55,00
JACK DANIEL'S						55,00
JOHNNIE WALKER'S BLACK LABEL						60,00
JOHNNIE WALKER'S RED LABEL						40,00
J & B						40,00

VODCA - 100 ml

BELVEDERE	-calorii - 231/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 0/100ml	-fibre - 0/100ml	75,00
GREY GOOSE						75,00
ABSOLUT						35,00
FINLANDIA						35,00
SMIRNOFF						38,00

PACHET BAUTURI ALCOOLICE - 1L

JACK DANIEL'S - 1L WHISKY JACK DANIEL'S SI 4 CUTII RED BULL 0,25L	-calorii - 138/100ml	-proteine - 0,3/100ml	-lipide - 0,1/100ml	-carbohidrati - 10,9/100ml	-fibre - 0/100ml	500,00
J & B - 1L WHISKY J&B SI 4 CUTII RED BULL 0,25L	-calorii - 138/100ml	-proteine - 0,3/100ml	-lipide - 0,1/100ml	-carbohidrati - 10,9/100ml	-fibre - 0/100ml	350,00
ABSOLUT - 1L VODCA ABSOLUT SI 2 CUTII SANTAL MERE 1L	-calorii - 140/100ml	-proteine - 0,2/100ml	-lipide - 0,1/100ml	-carbohidrati - 11/100ml	-fibre - 0,1/100ml	300,00
FINLANDIA - 1L VODCA FINLANDIA SI 2 CUTII SANTAL MERE 1L	-calorii - 140/100ml	-proteine - 0,2/100ml	-lipide - 0,1/100ml	-carbohidrati - 11/100ml	-fibre - 0,1/100ml	300,00
SMIRNOFF - 1L VODCA SMIRNOFF SI 2 CUTII SANTAL MERE 1L	-calorii - 140/100ml	-proteine - 0,2/100ml	-lipide - 0,1/100ml	-carbohidrati - 11/100ml	-fibre - 0,1/100ml	350,00

LICHIOR - 100 ml

SHERIDAN'S CREMA	-calorii - 315/100ml	-proteine - 1/100ml	-grasimi - 7/100ml	-carbohidrati - 39/100ml	-fibre - 0/100ml	38,00
CAROLANS	-calorii - 244/100ml	-proteine - 2,7/100ml	-grasimi - 11/100ml	-carbohidrati - 22/100ml	-fibre - 0/100ml	35,00
BAILEY'S IRISH	-calorii - 350/100ml	-proteine - 3,2/100ml	-grasimi - 15,7/100ml	-carbohidrati - 20/100ml	-fibre - 0/100ml	35,00

PALINCA - 100 ml

	-calorii - 250/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 0/100ml	-fibre - 0/100ml	
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PALINCA PRUNE - 5 ANI VECHIME [NATURAL PLUM BRANDY - 5 YEARS OLD]	50,00
PALINCA NATURALA PRUNE [NATURAL PLUM BRANDY]	40,00
PALINCA NATURALA PERE [NATURAL PEAR BRANDY]	40,00

TEQUILLA - 100 ml

TEQUILLA	40,00
-calorii - 108/100ml -proteine - 0/100ml -lipide - 0/100ml -carbohidrati - 0/100ml -fibre - 0/100ml	

COGNAC - 100 ml

-calorii - 239/100ml -proteine - 0/100ml -lipide - 0/100ml -carbohidrati - 0,1/100ml -fibre - 0/100ml	
HENNESSY	110,00
REMY MARTIN V.S.O.P.	100,00
COURVOISIER V.S.O.P.	100,00
BRANCOVEANU X.O.	90,00
BRANCOVEANU V.S.O.P.	65,00
JIDVEI	50,00
ALEXANDRION 7*	45,00
METAXA	60,00
ALEXANDRION 5*	35,00

ROM - 100 ml

-calorii - 231/100ml -proteine - 0/100ml -lipide - 0/100ml -carbohidrati - 0/100ml -fibre - 0/100ml	
HAVANA CLUB 7 ANOS	55,00
BACARDI SUPERIOR	45,00
BACARDI ORO	40,00
HAVANA SILVER	35,00
BUMBU ORIGINAL	65,00

COCKTAILS

MARGUERITA	40,00
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- 40ml Tequila, 20ml Triplusec, 20ml Suc Lamaie
 -calorii - 170/100ml -proteine - 0,2/100ml -lipide - 0,8/100ml -carbohidrati - 19,2/100ml -fibre - 0,5/100ml

PINA COLADA	40,00
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- 40ml Bacardi, 30ml Rom Malibu, 60ml Lapte, 20ml Suc Ananas
 -calorii - 174/100ml -proteine - 0,4/100ml -lipide - 1,9/100ml -carbohidrati - 22,7/100ml -fibre - 0,3/100ml

BLUE LAGOON	40,00
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- 40ml Vodka, 10ml Blue Curacao, 30ml Suc Lamaie
 -calorii - 93/100ml -proteine - 0/100ml -lipide - 0/100ml -carbohidrati - 12/100ml -fibre - 0/100ml

B-52	40,00
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- 20ml Kahlua, 20ml Bailey's, 20ml Triplusec
 -calorii - 307/100ml -proteine - 0,86/100ml -grasimi - 4,84/100ml -carbohidrati - 32,43/100ml -fibre - 0/100ml

TEQUILA SUNRISE	40,00
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- 50ml Tequila, 100ml Suc Portocale, Grenadine
 -calorii - 112/100ml -proteine - 0,5/100ml -grasimi - 0,1/100ml -carbohidrati - 13,5/100ml -fibre - 0/100ml

ORGASM	40,00
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- 20ml Bailey's, 20ml Amaretto, 20ml Triplusec, 20ml Frisca lichida	-calorii - 354/100ml	-proteine - 1,58/100ml	-grasimi - 5,22/100ml	-carbohidrati - 36,5/100ml	-fibre - 0/100ml
HUGO					40,00
- 30ml sirop, 150ml Prosecco, 3 felii lime, frunza menta	-calorii - 165/100ml	-proteine - 0/100ml	-grasimi - 0/100ml	-carbohidrati - 9,3/100ml	-fibre - 0/100ml
MOJITO					40,00
- un lime, frunza menta, gheata, 50ml rom, apa minerala, doua lingurite zahar brun	-calorii - 159/100ml	-proteine - 0/100ml	-grasimi - 0/100ml	-carbohidrati - 17/100ml	-fibre - 0/100ml

NON ALCHOOLIC COCKTAILS

SUMMERTIME BARBARIAN					40,00
- 12,5 ml Suc Grepfruit, 12,5 ml Suc Ananas, 12,5 ml Suc Capsuni, gheata	-calorii - 46/100ml	-proteine - 0,18/100ml	-lipide - 0,1/100ml	-carbohidrati - 13/100ml	-fibre - 0,1/100ml
AFTERGLOW					40,00
- 3 ml Suc Grenadine, 12 ml Suc Ananas, 12 ml Suc Portocale, gheata	-calorii - 45/100ml	-proteine - 0,1/100ml	-lipide - 0,1/100ml	-carbohidrati - 18/100ml	-fibre - 0,1/100ml

LONG DRINKS

GIN TONIC BEEFEATER					40,00
- 50 ml Gin, 200ml Apa Tonica, Lamaie, 2-3 cuburi gheata	-calorii - 171/100ml	-proteine - 0,4/100ml	-lipide - 0/100ml	-carbohidrati - 15,8/100ml	-fibre - 0/100ml
CAMPARI ORANGE					40,00
- 50 ml Campari, 150ml Santal portocale, 1 felie portocala, 3 cuburi gheata	-calorii - 71/100ml	-proteine - 1,23/100ml	-lipide - 0/100ml	-carbohidrati - 11,7/100ml	-fibre - 0/100ml
GIN TONIC WEMBLEY					40,00
- 50 ml Gin, 200ml Apa Tonica, Lamaie, 2-3 cuburi gheata	-calorii - 170/100ml	-proteine - 0,4/100ml	-lipide - 0/100ml	-carbohidrati - 15,6/100ml	-fibre - 0/100ml
CUBA LIBRE					40,00
- 50 ml Bacardi, 200ml Pepsi, Lamaie, 2-3 cuburi gheata	-calorii - 191/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 17/100ml	-fibre - 0/100ml
APEROL SPRIT					40,00
- 90 ml Aperol, 150ml Prosecco, 110ml Apa minerala	-calorii - 160/100ml	-proteine - 0/100ml	-lipide - 0/100ml	-carbohidrati - 17/100ml	-fibre - 0/100ml

CAFEA

CAFE FRAPPE					26,00
- espresso, lapte, inghetata, frisca, gheata	-calorii - 397/100ml	-lipide - 8,4/100ml	-carbohidrati - 73,5/100ml		
	-proteine - 6,9/100ml				
				-ALERGENI: lactate si derivate	
CAPPUCCINO VIENEZ					18,00
- espresso lung cu spuma de lapte si frisca	-calorii - 391/100ml	-lipide - 6/100ml	-carbohidrati - 78,9/100ml		
	-proteine - 5,1/100ml				
				-ALERGENI: lactate si derivate	
CAPPUCCINO					16,00
- espresso lung cu spuma de lapte	-calorii - 69/100ml	-lipide - 2,5/100ml	-carbohidrati - 8,8/100ml		
	-proteine - 2,7/100ml				
				-ALERGENI: lactate si derivate	
CAPPUCCINO FARA COFEINA					16,00
- espresso lung decofeinizat cu spuma de lapte	-calorii - 69/100ml	-lipide - 2,5/100ml	-carbohidrati - 8,8/100ml		
	-proteine - 2,7/100ml				
				-ALERGENI: lactate si derivate	
CAFFE LATTE					16,00

- espresso lung cu lapte si spuma				
-calorii - 37,5/100ml		-lipide - 0/100ml		
-proteine - 3,5/100ml		-carbohidrati - 5,4/100ml		
	-ALERGENI: lactate si derivate			
CAFFE LATTE FARA COFEINA				16,00
- espresso lung decofeinizat cu lapte si spuma				
-calorii - 37,5/100ml		-lipide - 0/100ml		
-proteine - 3,5/100ml		-carbohidrati - 5,4/100ml		
	-ALERGENI: lactate si derivate			
LATTE MACCHIATO				16,00
- espresso lung, spuma lapte, lapte				
-calorii - 46/100ml		-lipide - 1,3/100ml		
-proteine - 1,3/100ml		-carbohidrati - 7,3/100ml		
	-ALERGENI: lactate si derivate			
LATTE MACCHIATO FARA COFEINA				16,00
- espresso lung decofeinizat, spuma lapte, lapte				
-calorii - 46/100ml		-lipide - 1,3/100ml		
-proteine - 1,3/100ml		-carbohidrati - 7,3/100ml		
	-ALERGENI: lactate si derivate			
ESPRESSO				13,00
- ristretto, scurt, lung				
-calorii - 2/100ml		-lipide - 0,2/100ml		
-proteine - 0,1/100ml		-carbohidrati - 0/100ml		
	-ALERGENI: -			
ESPRESSO DECOFEINIZAT				13,00
- ristretto, scurt, lung				
-calorii - 2/100ml		-lipide - 0,2/100ml		
-proteine - 0,1/100ml		-carbohidrati - 0/100ml		
	-ALERGENI: -			
<u>CEAI</u>				
CEAI ORGANIC				15,00
- fructe de padure / mango / capsuni / lamaie / menta / fresh morni / rooibos / sweet rooib				
-calorii - 0/100ml		-lipide - 0/100ml		
-proteine - 0/100ml		-carbohidrati - 0/100ml		
	-ALERGENI: -			
FRISCA				4,00
-calorii - 330/100g	-lipide - 22/100g	-proteine - 2/100g	-carbohidrati - 11/100g	
	-ALERGENI: lactate si derivate			
MIERE 12 g				2,00
-calorii - 325/100g	-lipide - 0/100g	-proteine - 0,4/100g	-carbohidrati - 81/100g	
	-ALERGENI: -			
LAPTE 100 ml				5,00
-calorii - 56/100ml	-lipide - 1,5/100ml	-proteine - 3,4/100ml	-carbohidrati - 5,3/100ml	
	-ALERGENI: lactate si derivate			